

**COMPANY ANNOUNCEMENT
PRESS RELEASE****FOR IMMEDIATE RELEASE****11 August 2025****Anantara Convento di Amalfi Grand Hotel Partners with Technogym to Host an Exclusive Wellness Retreat this November**

Bangkok, Thailand – Minor International Public Company Limited (MINT) announces that Anantara Convento di Amalfi Grand Hotel, perched above the Mediterranean, in a 13th-century Capuchin monastery set into the cliffs of the Amalfi Coast, expands its global partnership with Technogym – world-leading brand for fitness, wellness, sport, and health – to bring historic serenity together with cutting-edge fitness in a unique setting.

The landmark collaboration, which includes Technogym equipment in the hotel’s panoramic gym and training content developed by Technogym exclusively for Anantara guests, culminates with **Anantara & Technogym Wellness Retreat** – the first wellness retreat organised in partnership between the two brands, taking place from **20–23 November 2025 at Anantara Convento di Amalfi**. This one-of-a-kind event will immerse participants in movement, mindfulness and monastic serenity with expert guidance and panoramic sea views.

Rooted in the spirit of Pace e Bene – the centuries-old monastic blessing of peace and goodness – this immersive escape combines Technogym’s training philosophy, driven by technology and science, with the soulful tranquillity of Anantara’s signature wellness offering.



The historic hotel, once a working monastery, has long been a haven for those seeking calm, connection and renewal. With a travertine-clad spa, monk's garden, historic cloister, and inspiring views across the Amalfi Coast, wellness is not an activity here, it's a way of life. Now, in partnership with Technogym, this deep sense of serenity takes on a new dimension. The retreat will be led by two skilled Technogym Master Trainers, who will blend expertise with holistic insights and personal care.

Across four days and three nights, participants will engage in a powerful itinerary that includes personal wellness assessments, guided movement sessions, breathwork and integration workshops, nourishing meals, and moments of reflection.

Retreat Highlights Include:

- Technogym Checkup: the AI-driven assessment station designed to evaluate physical and mental parameters , then used to tailor specific wellness programmes
- Five movement sessions with Technogym Master Trainers, from yoga, to functional training and breath-led stretching
- Three wellness workshops: “How to Begin Your Wellness Path”, “Planning for Longevity” and “Enhance Deep Breath”
- A cooking class with Executive Chef Claudio Lanuto, spotlighting the nutrition-rich bounty of the Campania region
- Anantara's signature Pace e Bene experience, led by resident expert Friar Marcus, exploring the spiritual roots of the convent
- Luxury accommodations, daily meals, and complimentary transfers from/to Naples International Airport

Each day is framed by the rhythms of nature: sunrise yoga, sunset serenity, and culinary discovery, all in the peaceful embrace of this extraordinary setting.

At Anantara Convento di Amalfi Grand Hotel, wellness is woven into every stay. Guests are invited to slow down and elevate their experience further with additional extras including spa rituals inspired by Amalfi botanicals, and Anantara experiences, including excursions to explore local historic and natural sites, and immerse deeper in a holistic lifestyle that honours both heritage and health.

The Anantara & Technogym Wellness Retreat reflects Anantara's long-standing commitment to transformative travel, and Technogym's global mission to help people live better through movement, nutrition and mental balance.

Dates: 20–23 November 2025

Location: Anantara Convento di Amalfi Grand Hotel

Price of the retreat from 3,000€ per person. Limited spaces available.

For more information, pricing and to make a reservation, please contact: +39 089 8736711 |

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About Minor International (MINT)

Minor International (MINT) is a global Company focused on two core businesses: hospitality and restaurants. MINT is a hotel owner, operator and investor with a portfolio of 643 hotels under the Anantara, Avani, Oaks, Tivoli, NH Collection, NH, nhow, Elewana, Wolseley, Four Seasons, St. Regis, JW Marriott and Radisson Blu brands in 65 countries across Asia Pacific, the Middle East, Africa, the Indian Ocean, Europe and the Americas (including upcoming owned and committed JV, together with signed lease and management contracts). MINT is also one of Asia's largest restaurant companies with over 2,684 outlets (including signed franchise agreement) system-wide in 24 countries under The Pizza Company, The Coffee Club, Riverside Grilled Fish, Sanook Kitchen, Benihana, Bonchon, Swensen's, Sizzler, Dairy Queen, Burger King and GAGA brands, as well as over 1,000 further outlets held through MINT's strategic alliances (i.e. S&P and BreadTalk).

For more information, please visit www.minor.com.

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